



The evaluation for STC's Residential Program includes: i) process evaluation completed by clients during each phase of the program (Orientation, Active Treatment, Completion, Re-entry); and ii) outcomes evaluation that is completed with clients over the course of the year after they complete the program.

158 unique Residential Clients

IN-TREATMENT EVALUATION FINDINGS¹

At each phase of treatment, clients are asked to report on different aspects of the program.

Findings show:



Overall, clients reflected:

Staff and residents are a source of **encouragement and confidence**

STC is a **supportive, positive community** that was there to help.

They felt a sense of **determination, dedication** to their goals and like they could succeed in their recovery journey



POST-TREATMENT OUTCOMES²

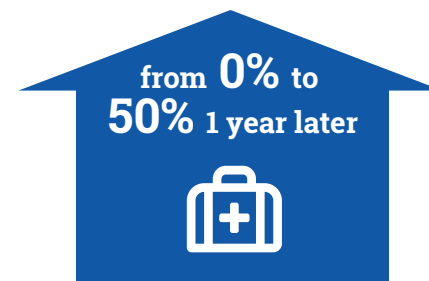
STC alumni are contacted after they complete the residential program and asked to share where they are at with their recovery journey. Responses are compared from before they started the residential program (at admission) to after they completed it, and over time (at 1mth, 3mths, 6mths, 9mths and 1yr).

After completing the program, alumni reported:

Increased access to transitional housing



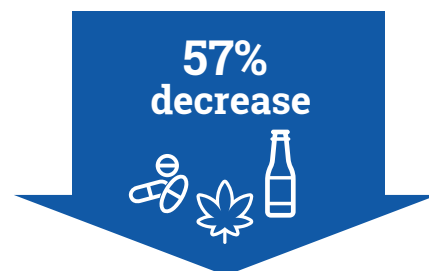
Increased access to primary care



Increase in employment as a source of income



Decreased use of substances in the last 30 days

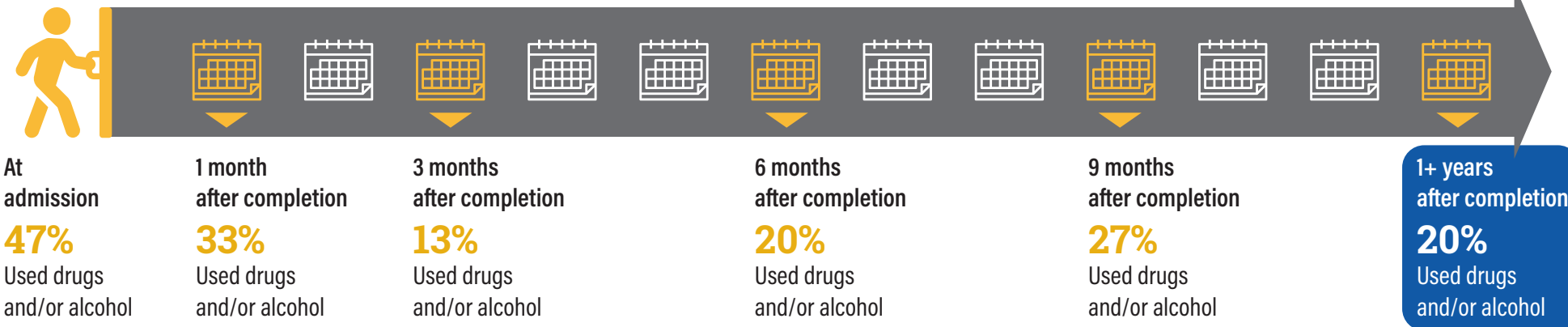


1. 161 evaluation surveys were completed
2. 177 evaluation surveys completed



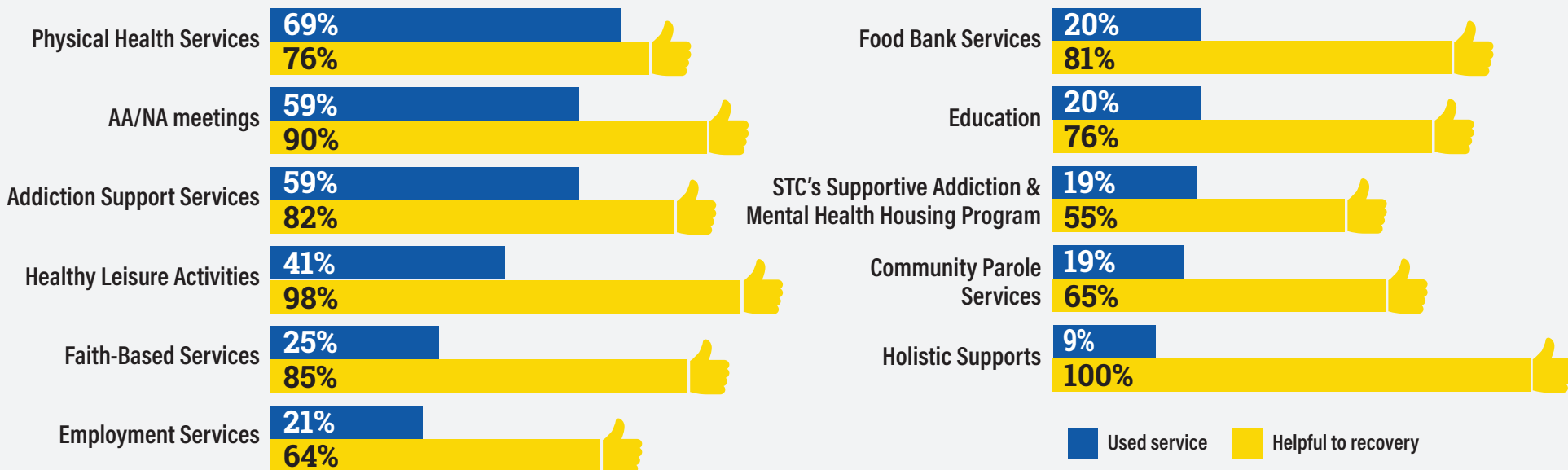
POST-TREATMENT OUTCOMES²

Reported use of substances (drugs/alcohol) in the last 30 days



Community Services Identified as Helpful to Recovery After Leaving the Program

In addition to support from STC, clients are asked which community services they use, and which are helpful to their recovery.





Clients of STC's community programs are asked to complete an evaluation survey that focuses on program outcomes and feedback on the program's strengths/areas for improvement. Community programs consistently show positive outcomes.

1538 unique
Community Program Clients

SUPPORTIVE ADDICTION & MENTAL HEALTH HOUSING OUTCOMES³

As a result of the relationship with the counsellor:

95% felt supported in working toward recovery goals

90% got connected to community services

90% reported better access to basic needs

87% were supported to deal with landlord & housemate issues

86% supported in making and getting to appointments



As a result of SAMH, I have been better able to:

Have a safe and stable place to live 98%	Be more hopeful for the future 94%	Focus on self-care 91%
Have better mental health 90%	Make safer choices re. substance use 84%	Connect with healthcare 82%
Feel like I am part of a community 82%	Have less contact with police 81%	Focus on relationships 79%



Overall, clients reported:

			
Staff are caring and supportive	The program helps clients to "reclaim" their lives, stabilize, and focus on goals	The program supports a helpful level of accountability	The safe, positive, living arrangements are ideal for personal growth and sobriety



COMMUNITY WITHDRAWAL SUPPORT SERVICES OUTCOMES⁴



supported to withdraw safely in their own home.



reported comfort kits helped to ease symptoms of withdrawal.



ADDICTION SUPPORT COORDINATION OUTCOMES⁵

For clients:



reported ASC was helpful to their recovery

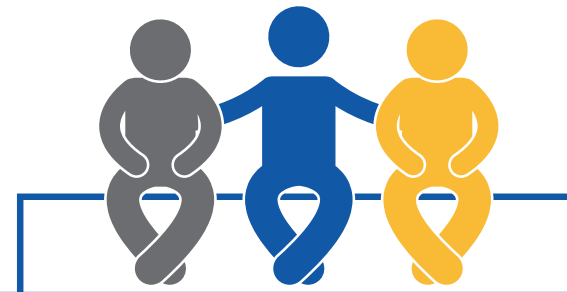


reported improved relationships with service providers

For service providers:



reported ASC was helpful to them in better supporting their clients



LET'S GROW TOGETHER OUTCOMES⁶



supported in their recovery



supported to make healthier and safer choices



gained confidence in parenting



got connected to other service providers and community resources



SPECIALIZED OUTREACH SERVICES OUTCOMES⁷



got connected to care for physical health



got connected to care for mental health and addictions



got support for making and getting to appointments



got connected to practical supports



got connected to other services and supports (e.g. housing, OW)