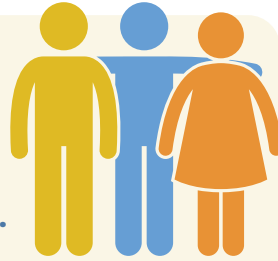




The evaluation for STC’s Residential Program includes: i) process evaluation completed by clients during each phase of the program; and ii) outcomes evaluation that is completed with clients over the course of the year after they complete the program.

Orientation

76% of clients said that orientation helped them to feel as though they were **part of a community.**



81% felt **welcomed** by the overall community

16% increase from last year

91% of program participants said that they were able to make **meaningful goals for the program** during orientation.



Of those, **81% were confident** that they could work on these goals during their stay at STC.

Before attending orientation, clients thought STC was **“just another regular rehab”** facilitated by staff with a focus on rules and structure.

After completing orientation, clients realized STC is community-based treatment, a place “to challenge... old behaviours,” and **“a place to grow into a better person.”**

Give the program 100% and put in as much effort as possible. “You get out of the program what you put in,” so **“give STC all you can”**

Stick it out and don’t quit. **“Keep going no matter what. Never give up and never give in”**



Active Treatment

92% of participants reported that Active Treatment **supported them in working toward their goals.**



97% indicated that the Active Treatment phase supported participants in **seeing the behaviours and beliefs** that contributed to their substance use.

10% increase from last year



Without Active Treatment, participants said that they would:

Still be “stuck in my old ways,” engaging in substance use and/or criminal activity

Have a higher chance of relapse

Not be where they are today



At Completion

91% of participants reported that they were **able to achieve their goals** during treatment



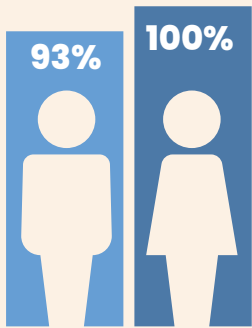
Outcome Data

Respondents who had **completed the program** were more likely to report their housing as in a **private residence**.

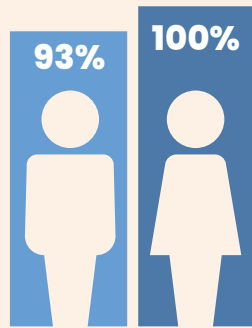


Those who did not complete the program were more likely to report living in **transitional housing or shelter**.

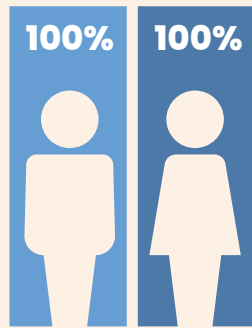
Recovery and Achievement of Goals During Completion



I was able to achieve my goals.

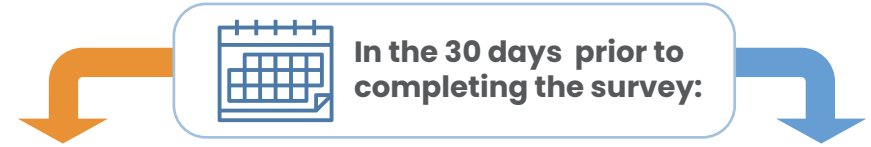


At program completion, I feel I am going in the right direction for recovery.



The program was long enough to support me in achieving my goals.

* Program participants self identify gender regarding program placement



No one who had **completed the program** reported drug or alcohol use.

Of those who did not complete the program, **36%** reported drug and alcohol use.

On average, respondents who **completed the residential program** reported relationships that were **more supportive** of their change and recovery goals than those who **did not complete**.

Residential treatment participants reported:

Positive relationships with family & friends

"is why I've been so successful so far. Because I tell them when I'm having a great day as well as when I'm having an off day.

That transparency is the cornerstone in my recovery and relationships."

They would be lost, homeless, or still using substances

"I'm grateful for what and who I have in my life right now.

I feel I'm exactly where I should be."

Be open, honest, and vulnerable.
"Step out of your comfort zone, utilize support, and be as present as possible."

