

## What does a **REGIONAL APPROACH** to Aftercare Services offer?

### More Choices To Meet Your Needs

The new regional approach to Aftercare Services increases the options available to you, making it easier to attend Aftercare sessions.

### Enhanced Aftercare Options

- Participants of the Homewood, House of Friendship and Stonehenge residential addiction programs are eligible to participate in the Aftercare Programs of all three agencies
- With varying options from three agencies, you can choose the date, location and time that best suits your needs
- You are not limited to one Aftercare Program, you can attend different sessions across three agencies
- There are options to participate in gender-specific or co-ed Aftercare sessions

**Putting your recovery first!**

## WATERLOO WELLINGTON REGIONAL ADDICTION AFTERCARE SERVICES

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### **House of Friendship**

#### **Alcontrol**

(519) 975-5001

[alcontrol@houseoffriendship.org](mailto:alcontrol@houseoffriendship.org)

#### **174 King Street North**

(519) 885-3330

[174King@houseoffriendship.org](mailto:174King@houseoffriendship.org)

[www.houseoffriendship.org](http://www.houseoffriendship.org)

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### **Stonehenge Therapeutic Community**

(519) 837-1470 x227

[info@stonehenge.com](mailto:info@stonehenge.com)

[www.stonehenge.com](http://www.stonehenge.com)

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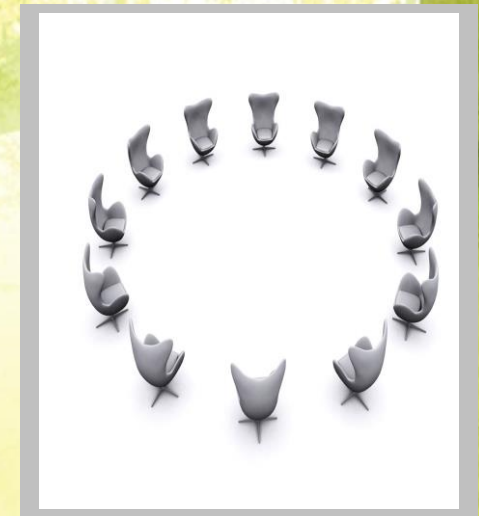
### **Homewood Health Centre**

(519) 824-1010 x2420

[lcejani@homewood.org](mailto:lcejani@homewood.org)

[www.homewood.org](http://www.homewood.org)

Regional Aftercare Addiction Services are supported by the Waterloo Wellington Local Health Integration Network



## WATERLOO WELLINGTON REGIONAL ADDICTION AFTERCARE SERVICES

**HOUSE OF FRIENDSHIP**

**STONEHENGE THERAPEUTIC  
COMMUNITY**

**HOMEWOOD HEALTH CENTRE**



To be eligible for **House of Friendship's** addictions treatment Aftercare Program, participants must have recently completed residential treatment, meet with facilitator before coming to first group and commit to attend regularly. Participants must be alcohol and drug free the day of group and must agree to maintain confidentiality of the group. Each group has capacity for 10 individuals for one year with a continuous intake. House of Friendship offers gender-specific meetings every week. Participants are expected to have an abstinence goal. There will be one facilitator available. There is no fee to participate. **Please contact House of Friendship to register.**

#### **Women's Aftercare Group**

Every Wednesday at 5:30pm  
Location: 71 Ann Street, Kitchener,  
ON N2B 3T3

#### **Men's Aftercare Group**

Every Wednesday at 6:00pm  
Location: 174 King St. North,  
Waterloo, ON N2J 4T5



**Stonehenge Therapeutic Community** (STC) offers a confidential weekly co-ed addiction treatment Aftercare meeting from 6:00–8:00pm every Thursday with the exception of the first Thursday of the month when it runs from 5:30–6:30pm.

To be eligible, participants must have recently completed at least 3 months of the STC residential program, or another residential program, and are working toward abstinence goals. Participants must be alcohol and drug free 24 hours prior to the meeting.

This service is available to participants for a two-year period. Individual sessions are also available and should be booked in advance. This group is co-facilitated by two Stonehenge staff. There is no fee to participate. **Please contact Stonehenge to register.**

#### **Co-ed Aftercare Group**

Every Thursday at 6:00pm  
Location: STC Administration Building  
60 Westwood Rd, Guelph, ON N1H 7X3



Phase 3 Aftercare - **Homewood Addiction Division** offers a 36-week follow-up treatment program for addicted individuals who have completed a residential treatment program. Phase 3 is a relapse prevention program that supports problem-solving and coping skills in day-to-day recovery.

Phase 3 is also offered to a family member or significant other of the addicted individual who has completed residential treatment. The program involves group discussions/counselling sessions, 12-step meetings and education. A fee to offset expenses is charged.

**Please contact Homewood for more information about times, fees and how to register.**

#### **Co-ed Aftercare Group**

Day & Evening Group times available  
Location: Homewood Health Centre  
150 Delhi St, Guelph, ON N1E 6K9