



Stonehenge

Therapeutic Community

Support. Hope. Thrive.

RESIDENTIAL SERVICES

Stonehenge Therapeutic Community offers a 4-6 month residential program that utilizes a modified therapeutic community treatment model tailored to the needs of adult men and women. Our approach is based on the belief that chronic substance use comes with an acquired lifestyle, and recovery requires a holistic approach that challenges deeply ingrained behaviours and teaches healthy alternatives. Research shows that men and women use substances for different reasons and respond to treatment in different ways. Therefore, Stonehenge has separate programs for men and women. Program participants self identify gender regarding program placement.

Program Structure

Orientation (2 weeks)

Resident and staff determine program fit.

Residents are paired with a supportive peer to help guide them through the program.

Active Treatment (3-4 months)

The core component of the program, including: group therapy, workforce therapy, leisure & learning activities, life skills, art therapy and outings.

Re-entry & Transition (1-2 months)

Focus on rebuilding connections and transitioning back into the community through assisted search for employment, housing, education, and recovery supports.

Note: Program duration ranges between 4-6 months as certain components of the program are catered to address specific needs of each individual resident.





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Admission Guidelines

- Admission to the program is voluntary; referrals may be initiated by: the individual, physicians, service providers, and the criminal justice system.
- An assessment must be completed by Stonehenge staff to determine eligibility.
- A recent medical exam may be required prior to admission.
- Applicants must be adequately withdrawn from substances before coming to Stonehenge.

Eligibility Criteria

- 18 years of age or older
- History of acute or chronic substance use
- Completion of short-term, or participation in long-term residential treatment is required
- All criminal charges must be resolved
- Must be stable in regard to mental health symptoms and medications
- No significant mobility impairments that would impede program participation
- Completion of a standardized assessment tool may be required

Exclusionary Criteria

- Prior convictions for arson and/or sexual offenses
- Taking any narcotic medications (exception: Suboxone/ Methadone). Some other medications are also prohibited.

Referrals

In the Waterloo-Wellington region:

- Applications occur through the region's Here 24/7 Program. Call **1 844 437 3247** or visit **www.HERE247.ca** to schedule an assessment.

Outside of the Waterloo-Wellington region (or those who are involved with corrections), please contact Stonehenge directly:

- Men's Admissions: **519 837 1470 Ext. 227**
- Women's Admissions: **519 837 1470 Ext. 226**

For more information on additional program components, including on-site opioid substitution therapy, please call us at **519 837 1470** or visit **www.stonehengetc.com**

