



Perspectives: Stories of Impact from STC



Annual Report 2023-2024



Support. Hope. Thrive.

A Message from the CEO and Board Chair

At Stonehenge, we believe that the true measure of our success lies in the lived experiences, stories, and voices of those we serve. Within the pages of this report, you will find a collection of narratives that vividly illustrate the real-life impact of our services on individuals and our community.

From moments of crisis to moments of triumph, each story embodies the resilience, courage, and hope of our clients. Our commitment to providing life-saving services is unwavering. By placing the client experience at the heart of our work, we ensure that our programs are not only effective but also driven by the needs and perspectives of those we aim to support.

Each story shared here underscores our commitment to listening, understanding, meeting our clients' unique needs, while also breaking down stigma, and fostering meaningful change. Through tailored support services and access to education and healthcare, we empower clients to overcome challenges and achieve their goals.

The voices of our clients are at the core of everything we do, guiding us as we strive to support them to make a meaningful difference in their lives and in our community. We invite you to read these stories and carry them with you. Let them inspire you to challenge stigma wherever you encounter it. Together, we control the narrative, shaping a future where everyone has the opportunity to thrive.



KRISTIN KERR
CEO



LAURA WILKIESON
Board Chair



Executive Members

CHAIR – Laura Wilkieson

VICE CHAIR – James Schuurman Hess

TREASURER – Amanda Van Ryswyk

SECRETARY – Meredith Moore

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Tom Gill

Dr. Christopher Stemerding

Dr. Peter McPhedran

Joanna Kuczynska

Federico Olivieri

Serving on the Stonehenge board as an alumni is a deeply meaningful and rewarding experience. It offers the unique opportunity to give back to a community that has profoundly impacted my life. As someone who has walked the path of recovery, I bring a personal understanding of the challenges and triumphs faced by those in treatment. This perspective allows me to contribute valuable insights to the board's decisions, ensuring that the facility remains empathetic and effective in its approach. It is incredibly fulfilling to support STC in its mission, knowing firsthand the transformative power of its services.

James Schuurman Hess



3216

People Served

32,994

Face to Face Visits



Vision

We envision communities where people living with substance use are welcomed, supported, and thriving.



Mission

With a commitment to partnership, support, and advocacy, STC delivers expert services to individuals, families, and communities experiencing harm related to substance use.



Values

- Inclusion
- Advocacy
- Accountability
- Collaboration
- Innovation
- Person-centered

Our Four Pillars of Service

STC's four pillars of service highlight the foundations of our harm reduction services and our areas of expertise.



**Residential
Services**



**Supportive
Housing**



**Addiction
Medicine
& Withdrawal**



**Community
& Justice**

Our Strategic Priorities & Why They Matter (2024 – 2026)

The impact we
want to deliver for
our stakeholders



The work we
most need to
do to create
impact



The people, human
resources, and
culture that
underpin
everything
we do

OUR IMPACT

People impacted
by substance use feel
supported, are able to
access quality services when
and where they need them, and
experience their desired outcomes.

OUR WORK

Increase revenue
and resource
pathways to target
resources
here they are
needed most...

↓
so that STC has
the necessary,
stable, and flexible
funds to support the
organization and
its clients.

Define and fulfill
our mission and
purpose in meeting
the needs of
individuals, families,
and communities
experiencing harm
related to
substance use...

↓
so that clients and
community members
have the support they
need from STC.

Enhance
corporate
services...

↓
so that STC
has a strong
foundation
to support
the
organization
and its clients.

CENTERING PEOPLE

Engage and centre client voices
in our work...

↓
wisdom, experience and good will of
clients, families, alumni and community.

Ensure that our people thrive and love
contributing to, and working at, STC...

↓
so that STC has highly skilled and engaged teams
to support client care and community development.



Residential Services

*Eric's Story

Coming to STC has made a huge impact on me personally and my recovery. I have been to many treatment centres and in fact, I work at one. STC has trumped them all. Since coming here I have learned to deal with my emotions, bad habits and my addiction. I've learned coping skills, self-acceptance, accountability, self-worth and so much more.

When I first arrived at STC I was thinking: "Oh boy, here we go." Yet, everyone was so welcoming, I felt at home right away. It's been two months since I arrived and I've learned so much about myself and others. STC still feels like home, and I would recommend this program to anyone willing to make a change to their life.

I have been in active addiction for the better part of 20 years, using many substances and ultimately developing a severe addiction to fentanyl/opioids and crystal meth. My addiction began when I was prescribed Percocet after having my wisdom teeth removed. For years to come, I would be a functioning addict, an honor roll student, a chemical engineering student, a hard-working employee, a father and a homeowner.



I lost all of this after a devastating period in my life where I lost several family members over a very short period of time. I began to traffic controlled substances and eventually ended up with a 4.5 year federal sentence. With hard work and exceptional behavior, I was day-paroled to Stonehenge after 2.5 years.

During my time at STC, I've had the opportunity to learn about myself and discover some of the causes to the deep-rooted issues I've been struggling with for years. I have learned numerous coping skills, strategies for communicating more effectively, managing my emotions and behavior, and how to take accountability for the choices I have made. I am learning how to grieve my losses and step into my fears with support from the community.

I'm working toward re-integration and developing a solid relapse prevention plan. I now have the tools I need to succeed in my recovery. Life is not about how you start, it's about how you finish!

*Names throughout this report have been changed to respect the privacy of our clients.

What our clients are saying...

STC has changed me as a person, and helped me in recovery.

STC was an experience unlike any other I've had. It challenged my thinking, attitudes and behaviors in a really helpful way.

It's been a great learning experience and I'm glad I chose to come here.

The TC model is extremely helpful and allows individuals to identify and utilize their personal strengths to better support themselves and other members of the community.

It was excellent to live and work with my peers, learning and growing together.

What clients find most helpful about Residential Services

- Accountability
- Support
- Structure
- Length of program

Impact of Residential Services

88% of participants felt that STC helped them achieve their goals.





Supportive Housing

Supportive Housing Pillar Includes:

Supportive Addiction and Mental Health Housing

- Transitional Housing
- Long-term Housing

NEW PROGRAM Safe Beds

Impact of the Safe Beds Program

78% of Safe Beds clients felt the program helped to teach them valuable life skills.

93% of clients left their time at Safe Beds feeling equipped with new coping strategies and tools to maintain their goals post-discharge.

100% of Safe Beds participants would recommend this program to others.

*Kayla's Story

Kayla's journey with Stonehenge reflects resilience, growth and community support in her recovery journey. Stonehenge has been a pivotal part of Kayla's life for the last ten years. Kayla found the Stonehenge Residential group unique with the focus on Therapeutic Community after she had tried a variety of different treatment centres. In the early days, Kayla recalls overcoming fear in participating in activities and following a structured program. Within herself, she found new strength and insight to move forward.

From the residential program, Kayla moved to STC's transition house and now is living in long-term housing. Finding balance, a sense of calm and purpose has been part of the recovery process she has shared with other STC clients, her peer counsellor and case managers. Knowing that Stonehenge has been with her every step of the way has helped Kayla build confidence in the future she is forging for herself. Now with healthy connections to her family, Kayla regularly spends time with her grandson which brings her great joy and purpose. Kayla is proud of her success and STC is grateful for the positive contributions she has made to Stonehenge and the broader community.

The staff here are amazing. Non-judgmental and open to hearing me out. They are calming, educated and caring.

What our clients are saying...

I personally feel that transition housing has provided me with the structure and support I needed to accomplish the changes I have made in my life. Case managers have been patient and insightful when I have struggled. I have and will continue to recommend the residential and transition programs to others.



Even though my motivation to enter this program was to prevent homelessness, it has provided me with the support I needed to heal and become a well-rounded, accountable woman.

What clients find most helpful about the SAMH program

- Safety
- Resources and healthcare
- Stability
- Counselling

Impact of the SAMH Program

88% of clients reported that staff did everything they could to help clients resolve their housing situation.

89% of clients said the SAMH program made them feel more hopeful about their future.

90% of SAMH participants felt motivated and supported to make healthy changes while in the program.





Addiction Medicine & Withdrawal

Addiction Medicine & Withdrawal Pillar Includes:

Rapid Access Addiction Medicine (RAAM) Clinic

- Digital Front Door
- Safer Supply

Community Withdrawal Support Services (CWSS)

Rural Wellington Addiction Services (RWAS)

What clients find helpful about the RAAM Clinic?

- Easily accessible
- Welcoming atmosphere
- Peer support
- No judgement
- Access to nurse practitioners



*Daniel's Story

I wouldn't be 7 months sober without walking through the doors of the Guelph RAAM Clinic. Everyone at the Guelph RAAM made me feel welcomed and not judged the minute I walked in. All the feelings of fear, nervousness, and uncertainty disappeared. The staff gave me the confidence to just talk, without telling me how to do things. They provided me with resources that I didn't know existed, helped me stay on track, encouraged me when I needed it, and supported me to reach my goals.

At the beginning, a whole week in between appointments felt long because I was taking my recovery moment by moment. The support I have received to stay sober has helped me concentrate better to get my license back, and get medical support. The ability to access this service in a quick and efficient manner helped my motivation. Now the weeks go by more quickly, and getting my affairs in order is a lot easier. I have realized that after drinking for 39 years, RAAM has helped show me that it is never too late to change, accepting and welcoming this new version of me. I've never been one that has cared for change, and I know that bad habits are hard to break but, with the right people and the right program, anything is possible. The RAAM and CWSS program helped me realize all these skills are within me.

Having access to a nurse practitioner was really helpful.

What people are saying...

Programs like this 10 years ago were full of judgement and made me feel like a bad person. Safer Supply is a program that is non-judgemental, with understanding staff who welcome me where I'm at. I am going to make mistakes, and that is okay here. I'm taking the steps I need to. You get it. You let me be me.

I'm just new to this, but the amount of support and options available to me is incredible. I've been seeking this kind of help for years.

This program has changed my views on a lot of things, the way I approach things and how I ask for help.

Impact of CWSS

91% of CWSS participants felt the program and staff gave them the support they needed to safely withdraw from substances at home.

97% of clients stated that the staff of this program were there when they needed them.

Impact of RWAS

91% of clients said the program helped them feel more hopeful about their future.





Community & Justice

***Andrew's Story, Alumni from the Cambridge Memorial Hospital**

About 14 years ago, I was given a chance to attend the residential treatment program at Stonehenge through the Parole Board. My stay at Stonehenge lasted approximately 7 months. It was a gift that basically saved my life. I say that because where I was headed I honestly believe I would not be here today to say how grateful I am to have been given the opportunity to attend the Stonehenge program.

During my early days at Stonehenge, I was on edge, determining if I was going to stay or leave. After a week I finally realized that I needed the gift that I was offered. In those seven months, I received a set of great tools and coping skills, and I will be forever grateful for everything that Stonehenge provided for me.



Impact of the Peer 2 Peer Program

86% of clients felt they got the support they needed while in the hospital.

100% of respondents have experienced positive life changes as a result of this program.

The most helpful thing about this program is discovering that I have access to supports I didn't know were available.

Impact of the Addiction Court Support Program

73% of clients reported that the program and staff helped them to understand and comply with their bail requirements.

94% of clients were connected to the services and supports they needed.

There is no judgement or shame.

Impact of the Addiction Counselling – Community Justice Program

94% of clients said the staff of the program helped them comply with the conditions of their probation.

94% of clients said the program helped them understand addiction and substance use.

The conversations helped to motivate me to abstain from alcohol use and maintain the structure I needed to stay focused and find work and housing.

Impact of the Addiction Support Coordination Program

96% of program participants felt staff were there when they needed them.

98% of clients felt more hopeful about their future.

The staff of the program show me where and how to find what I need.



What else people are saying...

Everything to do with the legal process was new to me. Staff guided me through the process. I would have been terrified and confused without them.

I really appreciate the adaptability of the program and services. Many times I just get general answers, but here I get information and tools I can apply to my specific situation.

Overall Agency Impact

92%

of respondents would recommend Stonehenge programs to others experiencing harm related to substance use.



98%

of program participants felt Stonehenge programs supported and motivated them to make healthy changes.



92%

of clients felt that Stonehenge staff were there when they needed them.

93%

of clients felt hopeful about their future from their participation in STC programs.

Community Development



Hey there!

**I'm Chloé Leach,
the new Community
Development &
Donations Coordinator
here at Stonehenge.**

I'm excited to connect with you and share a bit about what we're up to. While I'm new to this role, I'm no stranger to Stonehenge. Previously, I worked as a Counsellor, directly supporting our clients. I've seen firsthand the incredible impact our services have on people's lives.

My journey to this role comes from a mix of education and personal experience. Substance use has touched my life, and like many of you, I've lost loved ones to addiction. It's a reality that hits close to home for far too many in our community. With over 32,900 face-to-face visits annually, chances are you know someone who's been affected.

I'm here to ensure that your support directly impacts those who need it most. One of my main goals is to keep you informed about where your donations are going and how they're changing lives in our community.

So, let's stay connected!

Scan the QR code to sign up for our emails. You'll get all the latest updates on our fundraising efforts, events, and more.



We did it!

CONGRATULATIONS

Together we raised \$3,807 of our \$5,000 goal!

This means we raised **76%** of our Emergency Flex Fund!

With these funds we gave out **48** backpacks filled with essential supplies to folks needing support.



48 Comfort Kits!

We couldn't have done it without our generous donors!

**Your involvement is crucial, and together, we can make a real difference.
Thank you for being part of our community and for your continued support.**

Annual Report Financials 2023 – 2024

REVENUE

Ministry of Health / Ontario Health	68%	\$5,549,564
Ministry of the Solicitor General	4%	\$302,249
Correctional Service of Canada	9%	\$742,594
Other Funders*	19%	\$1,518,462
Miscellaneous	0.34%	\$27,988
Total Funding	100%	\$8,140,857

* City of Guelph, County of Wellington, Health Canada, The Royal Ottawa Hospital, Guelph General, Grand River Hospital, Guelph CHC

EXPENSES

Residential	29%	\$2,338,226
Housing	12%	\$1,012,652
Community Services	49%	\$3,975,893
Administration	10%	\$813,774
Total Expenditures	100%	\$8,140,545



By working together, we can create meaningful and lasting change in our communities!