



RESIDENTIAL TREATMENT PROGRAM INFORMATION PACKAGE

RECOMMENDED ITEMS

In an effort to make integrating into Stonehenge Therapeutic Community easier, the following is a list of recommended items you may bring into the program. You do not have to have all of these items; however, we do have set maximum allowable numbers for those items that you do bring.

Luggage

- 1 or 2 Small suitcases or duffel bags (must be able to carry yourself)
- 1 Purse
- Lock box with lock (for those on Methadone only)

Self-Care

- 2 Towels
- 2 Facecloths
- 1 Bottle of shampoo
- 1 Bottle of conditioner
- 1 Container of laundry soap
- 1 Container of fabric softener
- 1 re-sealable freezer bag of makeup
- 1 re-sealable freezer bag of hair supplies
- 1 re-sealable freezer bag of self-care products
- 1 Toothbrush
- 1 Tube of toothpaste
- 1 Container of mouthwash (non- alcoholic)
- 1 Hairdryer/straightener

Footwear

- 3 Pairs of outdoor footwear (sneakers, boots)
- 1 Pair of indoor footwear (slippers, sandals)

Clothing

- 10 Shirts of any kind
- 10 Pairs of socks
- 10 Pairs of underwear
- 5 Pairs of shorts/capris/skirts
- 5 Pairs of long pants (any kind)
- 3 Bras
- 2 Pairs of pajamas/bed wear
- 2 Hats (including winter hat, if necessary)
- 2 Pairs of gloves
- 2 Seasonally-appropriate jackets/coats
- 1 Bathrobe

Accessories

- 5 CDs (no homemade CDs)
- 3 Books
- 1 Travel mug
- 1 Water bottle
- 1 Picture album or loose pictures
- 1 Binder
- Notebook/Journal/Stationary
- Pens/Writing Materials
- Envelopes and stamps

Please Note:

Residents are allowed to bring the following items upon entering the program: cigarettes (non-reservation), phone cards, refills of prescribed medication and vitamins (vitamins must be in their original, sealed, unopened container).

As a precautionary measure to prevent bed bugs, all incoming clothing is washed and then dried on high heat for 90 minutes. Stonehenge is not responsible for clothing affected by this process; therefore, highly valued clothing items should not be brought on site.

Please contact the appropriate Admissions Coordinator at Stonehenge Therapeutic Community if you have any questions or concerns:

Women's Program: (519) 837-1470 x226
Men's Program: (519) 837-1470 x227