

## WHAT ARE THE REQUIREMENTS FOR ADMISSION?

- ♦ All admissions to Stonehenge are voluntary
- ♦ Referrals are accepted from individuals, doctors, addiction treatment professionals and the criminal justice system
- ♦ Women over eighteen with acute or chronic substance abuse issues will be considered for eligibility
- ♦ Due to the intensity of the program, previous substance abuse treatment is highly recommended
- ♦ Prior to admission, a medical exam establishing ability to participate in the program is required
- ♦ Applicants must be adequately withdrawn from drugs and alcohol before coming to Stonehenge
- ♦ An assessment must be completed by Stonehenge staff to determine eligibility

## HOW DO I APPLY?

- For applicants from the local Waterloo-Wellington region, referrals to Stonehenge occur through the region's **Here 24/7 Program**. Applicants must call **1-844-437-3247** (or 1-844-HERE247) or visit [www.here247.ca](http://www.here247.ca) to schedule an assessment.
- Applicants who reside outside of the Waterloo-Wellington region, or are involved with corrections, must contact Stonehenge directly.

## HOW DOES THE ASSESSMENT PROCESS WORK?

Assessment for treatment at Stonehenge consists of two separate interviews at our Administration office. In the first interview, personal information is gathered and the severity of substance abuse is assessed through questionnaires and contact with previous treatment sources. In a group setting, applicants and their families are given an overview of the treatment program with a senior resident available to answer questions. For applicants who are unable to attend due to long distance or incarceration, this interview will occur through a telephone assessment or institutional visit.

Once accepted into the program, a second interview occurs on the day of admission to confirm that the applicant is prepared for treatment and adequately withdrawn from substances.



## STONEHENGE THERAPEUTIC COMMUNITY

### ADMINISTRATION OFFICE

60 Westwood Road  
Guelph, Ontario N1H 7X3

General Info: (519) 837-1470 x221

**Women's Admissions: (519) 837-1470 x226**

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### STONEHENGE IS SUPPORTED BY:

Waterloo Wellington Local Health  
Integration Network

Ministry of Community Safety  
and Correctional Services

Correctional Service of Canada

Ontario Trillium Foundation

*Photographs by Bob Housser  
Design by Marc De Vos*

# STONEHENGE

## THERAPEUTIC COMMUNITY

*"Giving people another chance at life"*



## RESIDENTIAL ADDICTION TREATMENT FOR WOMEN

Brochures also available for our  
Men's Residential Program and  
our Harm Reduction Program



GUELPH, ONTARIO, CANADA



## WHAT IS STONEHENGE?

Stonehenge Therapeutic Community is a long-term intensive treatment program for men and women whose lives have been devastated by alcohol and drug abuse and whose reality includes the fractured relationships, derailed careers and encounters with the legal system that so often result. Many of our residents are veterans of other, less intensive programs - none of which have produced long-lasting results.



Century Home, Women's Residence

## WHAT TREATMENT MODEL DOES STONEHENGE USE?

Stonehenge uses a modified 'therapeutic community' treatment model. Our approach is based on the belief that chronic addiction comes with an acquired lifestyle. We believe that recovery requires a holistic approach that challenges deeply ingrained behaviours and teaches healthy alternatives. We encourage our residents to assist each other in every aspect of their treatment. Our professional staff function as facilitators, guides and role models. Together, residents, staff and alumni comprise a supportive community in which the whole is greater than the sum of its parts - where profound change can and does occur.

## HOW LONG HAS STONEHENGE BEEN OFFERING TREATMENT?

We are proud of our long history and our deep roots in the community. Established in 1971, Stonehenge has provided service to more than 12,000 people. Our century homes, which house our residential programs, offer our community members a sense of permanence, history and tradition - which few of them have ever known.

## HOW IS THE PROGRAM SET UP?

Stonehenge's 4-6 month residential treatment program consists of the following components:

**Orientation (2 weeks):** An opportunity for the resident and staff to determine program fit; residents are paired with a supportive peer; no outside communication is allowed in this phase.

**Active Treatment (3-4 months):** Includes group and individual therapy, workforce therapy, leisure & learning activities, life skills, art therapy and outings.

**Re-entry & Transition (1-2 months):** Through assisted searches for employment, housing, education and recovery supports, residents begin to rebuild their lives and transition back into the community.

**Commencement:** A monthly ceremony for graduating residents to celebrate in the company of family, friends, fellow residents and Stonehenge staff.



Century Home, Women's Residence

## HOW IS THE STONEHENGE PROGRAM SPECIALIZED FOR WOMEN?

- ◆ Provides special focus on women's issues including abuse, trauma, relationships and sexuality
- ◆ Offers prenatal and pregnancy support to women while in residential treatment
- ◆ Offers group and individual counselling specializing in parenting issues
- ◆ Where possible, helps women reconnect with their children

## WHAT OTHER SERVICES ARE AVAILABLE?

**Opioid Substitution Treatment:** Provides access to physician, pharmacy and lab services for those involved in opioid substitution treatment.

**Family Group:** A monthly group where friends and family members of residents can receive support and learn valuable skills in coping with addictions.

**Aftercare:** A group of former residents who meet weekly with staff (for up to 2 years) to test their new-found skills while remaining connected to our program and the guidance it offers.

**Alumni Association:** Provides graduates the opportunity to give back to the community through outing support, role modelling and social activities.

## WHAT MAKES US DIFFERENT?

### OUR RESIDENTS SAY IT BEST:

*"I've been to many treatments over the past ten years and none of them have provided the possibility of healing my trauma."*

*"Stonehenge has helped me to deal with issues I've kept bottled up for years...to be assertive and help me find my voice. And most of all, a better mother to my daughter."*

*"As a woman, Stonehenge has taught me how to find and love myself. I am a beautiful woman. I am not a waste of skin."*

*It has helped me to become a more responsible, confident, dependable woman."*

*"Stonehenge has given me my life back."*